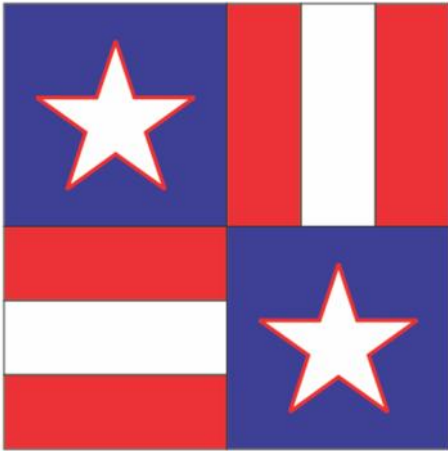


Stars and Stripes Block

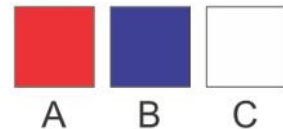


There are 3 units in this block;

- Stripes = $6\frac{1}{2}$ " square
- Star Field = $6\frac{1}{2}$ " square
- Star Appliqué = $4\frac{1}{2}$ " square

The following directions are to make one $12\frac{1}{2}$ " square block. These are basic directions; feel free to construct the units in any method you favor. Just make sure that the units end up the right size and the final block is $12\frac{1}{2}$ " square.

Block Information



- Three fabrics or go scrappy!
- Most patches can be cut with AccuQuilt Go! Or Studio die cutters. See chart for die #'s.
- **Use a scant $\frac{1}{4}$ " seam.**
- Block should measure $12\frac{1}{2}$ " square.

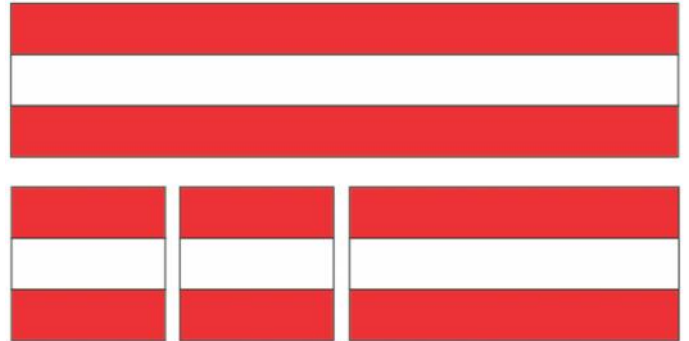
| Color | Cut | Go! Dies | Studio Dies |
|---------------|-----------------------------------|---------------|------------------------|
| A | (2) 14" - $2\frac{1}{2}$ " strips | 55017 strips | 50056 strips |
| B | (2) 7" squares | | 50804 squares |
| C | (1) 14" - $2\frac{1}{2}$ " strips | 55017 strips | 50056 strips |
| C | (2) 5" squares | 55010 squares | 50212 or 50046 squares |
| Fusible Web | (2) 7" squares | | 50804 squares |
| Star Appliqué | | 55028 | |

Stars and Stripes Block Construction

Step 1 – Stripe units - 6½” square

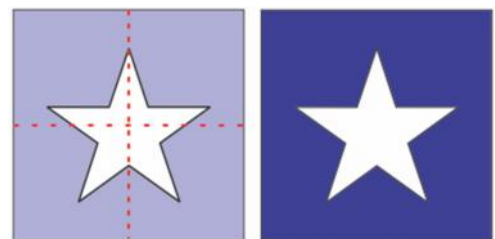
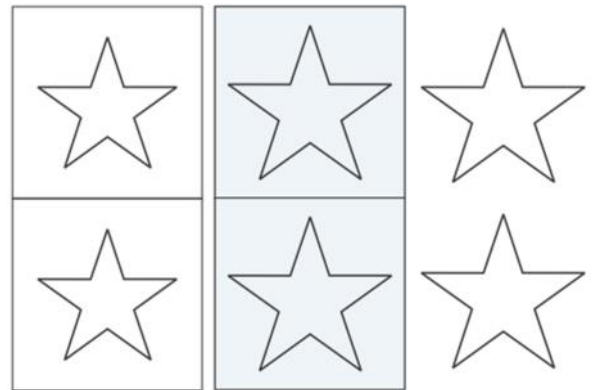
A/C/A - Make 1

- Sew one A 2½” strip on either side of the C 2½” strip.
- Sew strip set. Press seam towards the A fabric, then sub cut into 6½” units. (2 units)

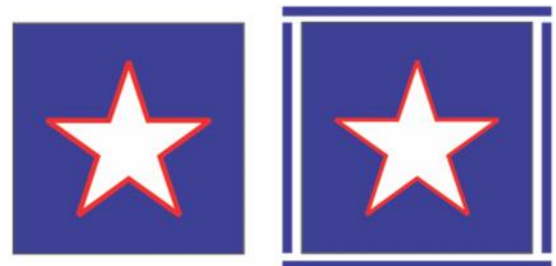


Step 2 – Star Appliqué

- When printing PDF, set PDF software to “No Scaling” or “Actual Size” to maintain the correct size of the star. Star should measure 4¼” wide and 4” high.
- Trace 2 stars on the paper side of paper backed fusible web.
- Iron on to the wrong side of fabric.
- If you have the Star die for the GO!, you can skip the printing the PDF and tracing step and just run the fused fabric through the die.
- Cut out stars and peel off paper backing.
- Center on 7” squares and iron in place.



- Appliqué to fabric using a satin, buttonhole or zigzag stitch.
- Using a stabilizer behind the 7” square will help keep the appliqué from puckering the fabric.
- Trim down squares to 6½” x 6½”, keeping stars centered in squares.



Stars and Stripes Block Construction

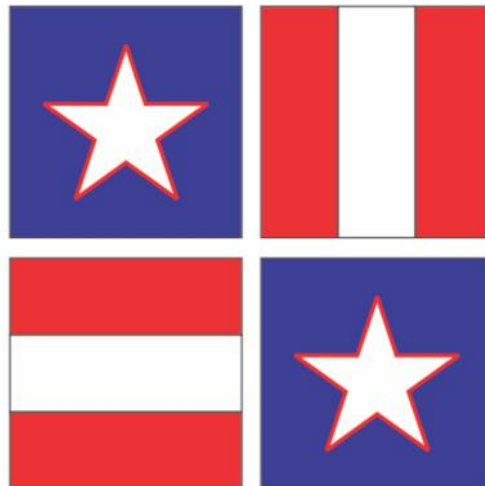
Step 3 – Rows

Row 1

- Sew a Stripe unit perpendicular to one Star unit. (“A” color to the right against the Star unit)
- Press seams towards the Star unit.

Row 2

- Sew a Stripe unit parallel to one Star unit.
- (A/C/A to the left against the Star unit)
- Press seams towards the Star unit.



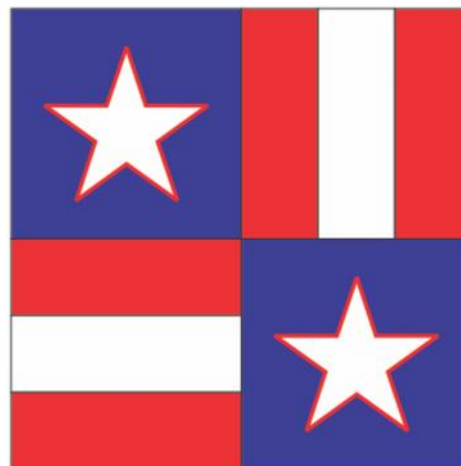
Sew rows together as pictured making sure that the Star units are in opposite corners of the block.

Four Patch Join

- Press all seams in a counter clockwise direction. Open the seam allowance in the center to “spin” the center. This will help the block lay flat.



Stars and Stripes Block should measure 12.5” square.



It takes 20 blocks to make a Quilt of Valor, so why not make a complete set?!

Fabric yardage required to create 20 Stars and Stripes blocks.

(Although the colors are listed as red, white and blue they just represent colors A - C and could be any color in the Patriotic colorway)

| Color | Yards |
|-------------|-------|
| A – Red | 1¼ |
| B - Blue | 1¼ |
| C- White | 2½ |
| Fusible Web | 1½ |

Completed blocks should be mailed to;

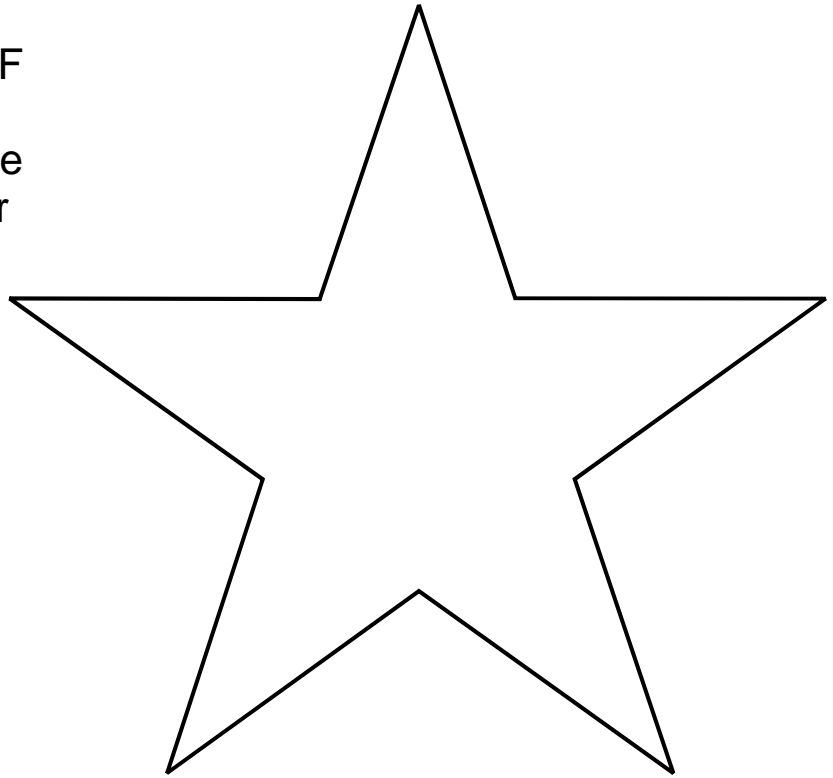
MQX Quilt Festivals
P.O. Box 490
Hampton Falls, NH 03844

Visit the MQX Quilt Festival website for more information on the Quilt of Valor Block Drive and our quilt shows!

www.mqxshow.com

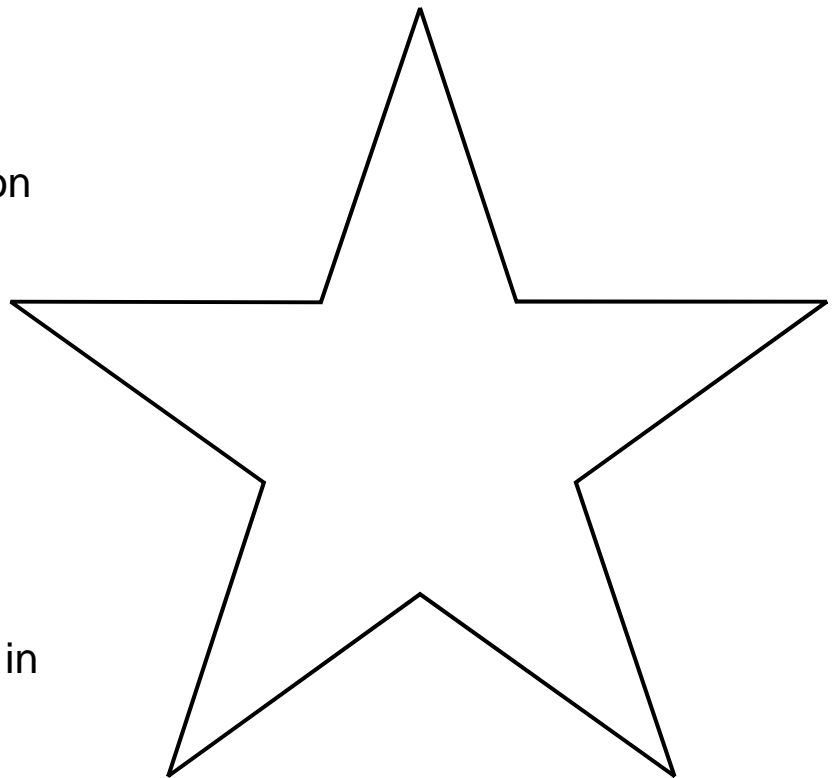
Star Appliqué Pattern

- When printing PDF, set PDF software to “No Scaling” or “Actual Size” to maintain the correct size of the star. Star should measure 4¼” wide and 4” high.



- Trace star on the paper side of paper backed fusible web.
- Iron on to the wrong side of fabric.

- Cut out star and peel off paper backing.
- Center on 7” square and iron in place.



- Appliqué to fabric using a satin, buttonhole or zig zag stitch.
- Trim down square to 6½” x 6½”, keeping star centered in square.