

Ask Adele – [asds@adelescott.com](mailto:asds@adelescott.com) or 508-237-1793

## Sew Steady / Westalee Free-motion Ruler Workshop – supply list

This workshop will cover basic set-up as needed, trouble-shooting typical problems and how to create many design options with your 6 piece Sampler Set. We'll be working on samples which could be put together later into a quilt; but we will not take the time during the workshop for sewing blocks together.

If you only have rulers to fit your long-arm machine I might have a set to fit your more portable machine you can borrow for class. Let me know ahead to reserve.

\*I will have these items available for sale. \*\* Tables need to be ordered several weeks ahead, so plan accordingly.

### Supplies:

- \* ¼" Free-motion Ruler Foot for your model of machine [Bernina owners – you'll need an adaptor to use the Sew Steady foot; I have old style & new styles #77 adapters but not #72 Bernina ruler foot.]
- \* 6-piece Westalee Sampler set of rulers
- \* Janet Collins Ruler Quilting design book [recommended]
- \* "slider" sheet [I have Sew Slip brand 18x 12 for \$28.75]
- straight-stitch needle plate [optional but really helps- purchase from your machine dealer]
- \*\* Plexi-glass quilters table [I can order but you need a few weeks to receive it since they're made to order]
- \* 90/14 Topstitch needles [bring several and have a new one in your machine]
- \* "grippy" fingertips or gloves [optional but helpful]
- \* Crosshair marking ruler [optional, You can borrow to try]
- All-purpose polyester thread or 50w cotton – bring several colors, types if you have; not too dark
- \*Fabric markers that will show on your choice of fabric colors
- At least 6 fat-quarter sandwiches – solid or subtle print, med. colors so ruler white lines show up.  
NOTE: if you want to assemble your practice into a quilt later, plan on more fabric sandwiches.
- Optional – assemble some leftover quilt blocks [i.e. 4 patch, flying geese, pinwheels, etc.] to practice on
- Optional - Bring scrap paper and pencil/pens to play with designs
- Optional - A cushion to sit on will bring you to a better height

### Prep:

1. Prepare your quilt sandwiches. Use cotton batting and just use steam to press together and you won't need any basting, pins etc.
2. Wind several bobbins with the thread to match the top.
3. Make sure to clean the lint from your machine
4. Make sure you have a new 90/14 topstitch needle in your machine
5. If you already own the rulers, please put little ¼" – ½" pieces of "Stable Tape" on your rulers.
6. Optional - Attach your foot, if you can, to save time

Any questions? E-mail [asds@adelescott.com](mailto:asds@adelescott.com) or call 508-237-1793